



# JESSY LAYNE TUDDENHAM TEACHING

I have been teaching dance and movement arts for more than twenty years in contexts ranging from universities and MFA programs to dance festivals, yoga studios, and grass-roots activist organizations. My remit includes contemporary dance technique, contact improvisation, composition, yoga, storytelling, and cultivating presence as a performer. In my teaching I eschew rote mimicry in favor of principles of coherent movement and composition. To this end I often work with guided imagery, encouraging students to experience body and space as a kind of lucid altered state of being.

## UNIVERSITIES AND CONSERVATORIES

- 2018 **Xingwei College Shanghai**  
Six-week course in **dance, improvisation, and kinesthetic empathy** for BA students at an experimental liberal arts college, the first of its kind in China
- Since 2013 **HZT (Inter-University Center for Dance Berlin)**  
**Yoga States.** Classes for BA and Master's students using yoga as a tool to enhance the performer's presence physically and emotionally.  
**Mentorship.** One-on-one work with students by invitation in the preparation of term and thesis projects.
- 2004-2013 **Tanzakademie Balance 1 · Die Etage · Dansart Tanznetworks (Berlin)**  
Course instructor: **Contemporary Dance · Limon Technique · Improvisation · Composition · Yoga · Partnering · Contact Improvisation**
- 2005 **European College of Liberal Arts (Berlin)**  
Experimental course in movement studies
- 2001-3 **Mills College (Oakland, California)**  
Graduate teaching assistant for **Modern Technique · Ballet · Bartenieff Fundamentals · Choreography/Composition**
- 1995-7 **Western Washington University (Bellingham, Washington)**  
Teaching assistant for **Modern Technique**

## FESTIVALS AND PERFORMANCE PROGRAMS

- 2013-14 **SMASH Berlin**  
**Principles of Partnering.** Morning classes for an immersive three-month training program in contemporary physical performance.
- 2005-12 **Ponderosa Tanzland Festival (Stolzenhagen, Germany)**  
Daily classes and workshops: **Story Telling · Contact Improvisation · Improvising Bodies · Yoga**
- 2012 **dOCUMENTA 13 (Kassel, Germany)**  
Weekly yoga classes at installations around the festival.  
**Contact Improvisation** workshop for the Paul Ryan Pavillion
- 2009 **Contact Meets Contemporary Dance (Göttingen, Germany)**  
Workshop: **Technique into Improvisation**
- 2008 **Casa Eduardo (Buenos Aires, Argentina)**  
**Master Class in Contact Improvisation** at the opening festival for a new studio space/community art center
- 2007 **Theater Bremen (Bremen, Germany)**  
Invited instructor: Daily company morning training classes

## COMMUNITY STUDIOS

**K77 Studio • Dock 11 • Marameo • Fabrik Potsdam • Yellow Yoga (Berlin) • Repertory Dance Theater Community School (Salt Lake City)**

1999-2013 Open classes and workshop series in contemporary technique, contact improvisation, yoga, and improvisational movement structures and principles.

## WORKSHOPS AND LECTURES

**SMASH Berlin**

2014 **Collective Effervescence.** With Dr. Josh Berson. An interactive seminar to explore kinematic and acoustic dimensions of spontaneous performance.

**Yellow Yoga**

2013 **Collective Dreaming.** With Amanda Morelli and Dr. Josh Berson. An overnight exploration of active and passive dream states, habits of sleep, and physical and meditative yoga.

**SMASH Berlin**

2013 **Kinesthetic Empathy.** With psychologist Svenja Köhne. A hypnotic session to test theories of how we relate to other moving bodies.

[jltudd@gmail.com](mailto:jltudd@gmail.com)

[JESSTUDDENHAM.COM](http://JESSTUDDENHAM.COM)

